



2 cups



plain flour



$\frac{1}{2}$ cup



salt



2 tablespoons



vegetable oil



2 tablespoons



crème of tartar



1 to $1\frac{1}{2}$



hot water



Method:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring to the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*
- If it remains a little sticky then add a touch more flour until just right